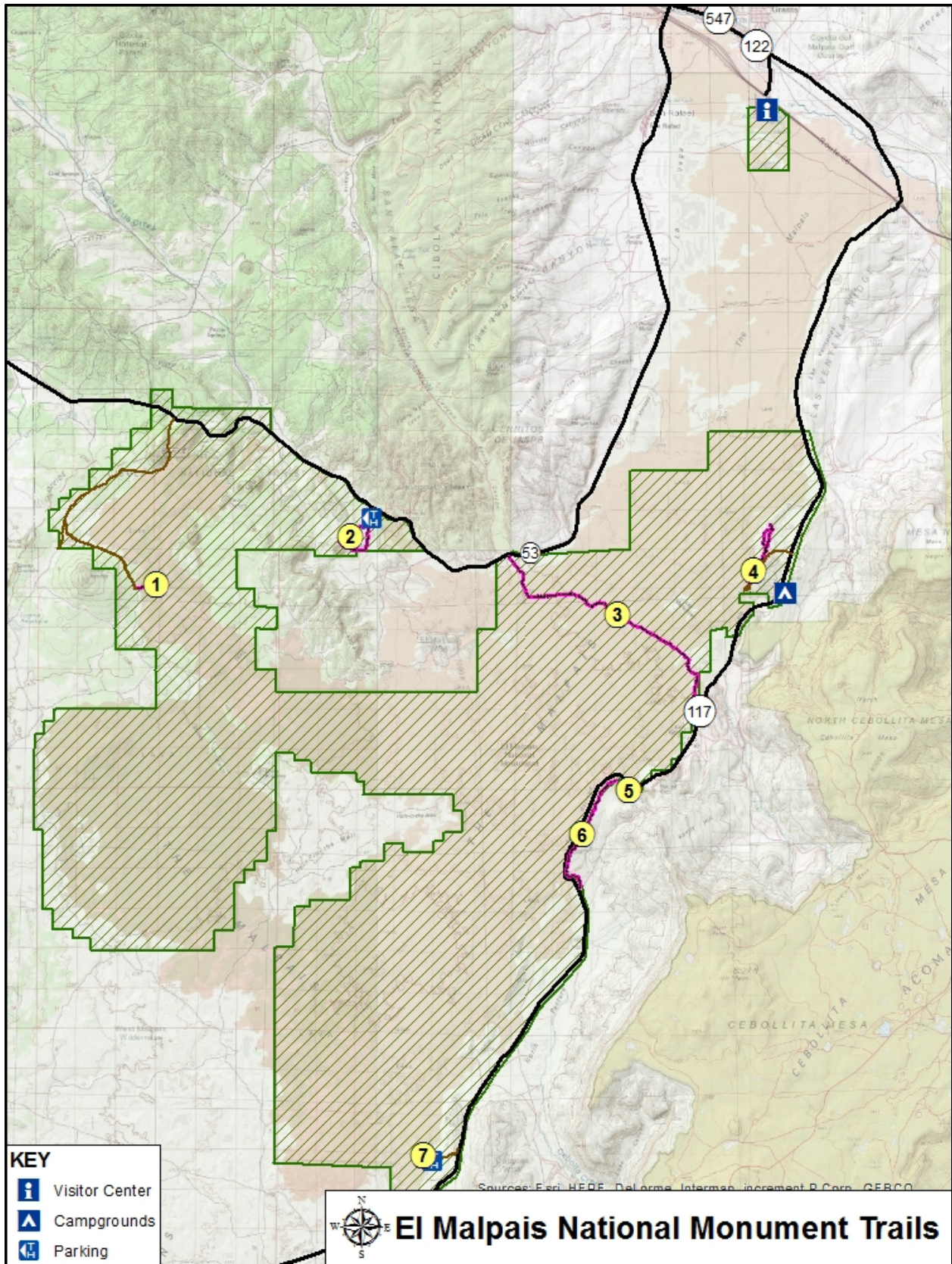


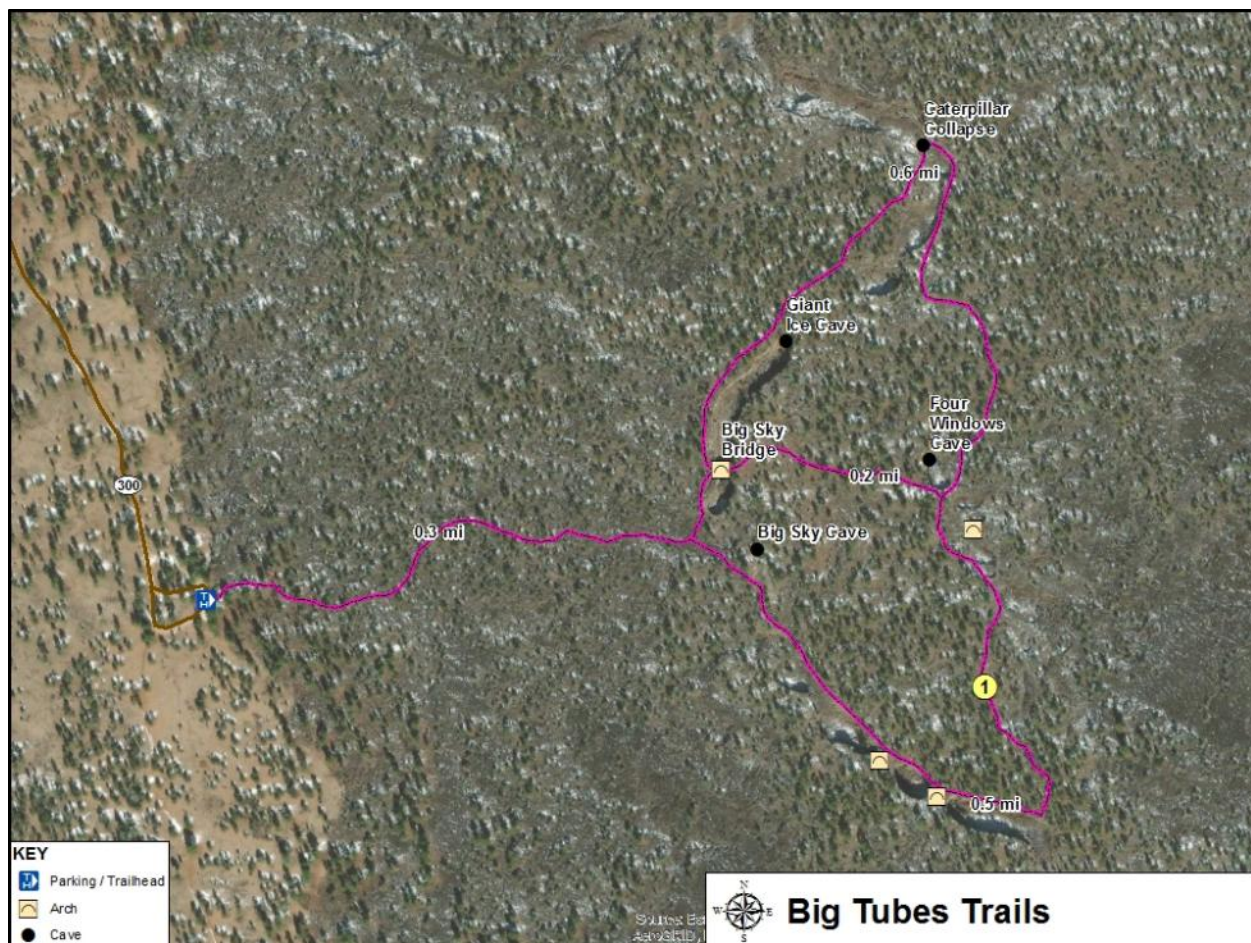


### El Malpais National Monument Trails

| Map | Trail Name  | Difficulty | Route Type | Distance          | Elev. Gain |
|-----|---|------------|------------|-------------------|------------|
| 1   | Big Tubes Trail   | Moderate   | Loop       | 1.7 mi / 2.9 km   | 75 ft      |
| 2   | El Calderon Loop Trail<br>(Includes Junction & Xenolith Segments) | Easy       | Loop       | 3.2 mi / 5.1 km   | 200 ft     |
| 3   | Zuni - Acoma Trail  | Hard       | Out & Back | 15.6 mi / 25.2 km | 285 ft     |
| 4   | Sandstone Bluffs Trail  | Moderate   | Out & Back | 5.2 mi / 8.4 km   | 320 ft     |
| 5   | La Ventana Trail  | Easy       | Out & Back | 0.4 mi / 0.6 km   | 25 ft      |
| 6   | Narrows Rim Trail   | Moderate   | Out & Back | 6.4 mi / 11.8 km  | 485 ft     |
| 7   | Lava Falls Trail  | Easy       | Loop       | 1.0 mi / 1.5 km   | 25 ft      |

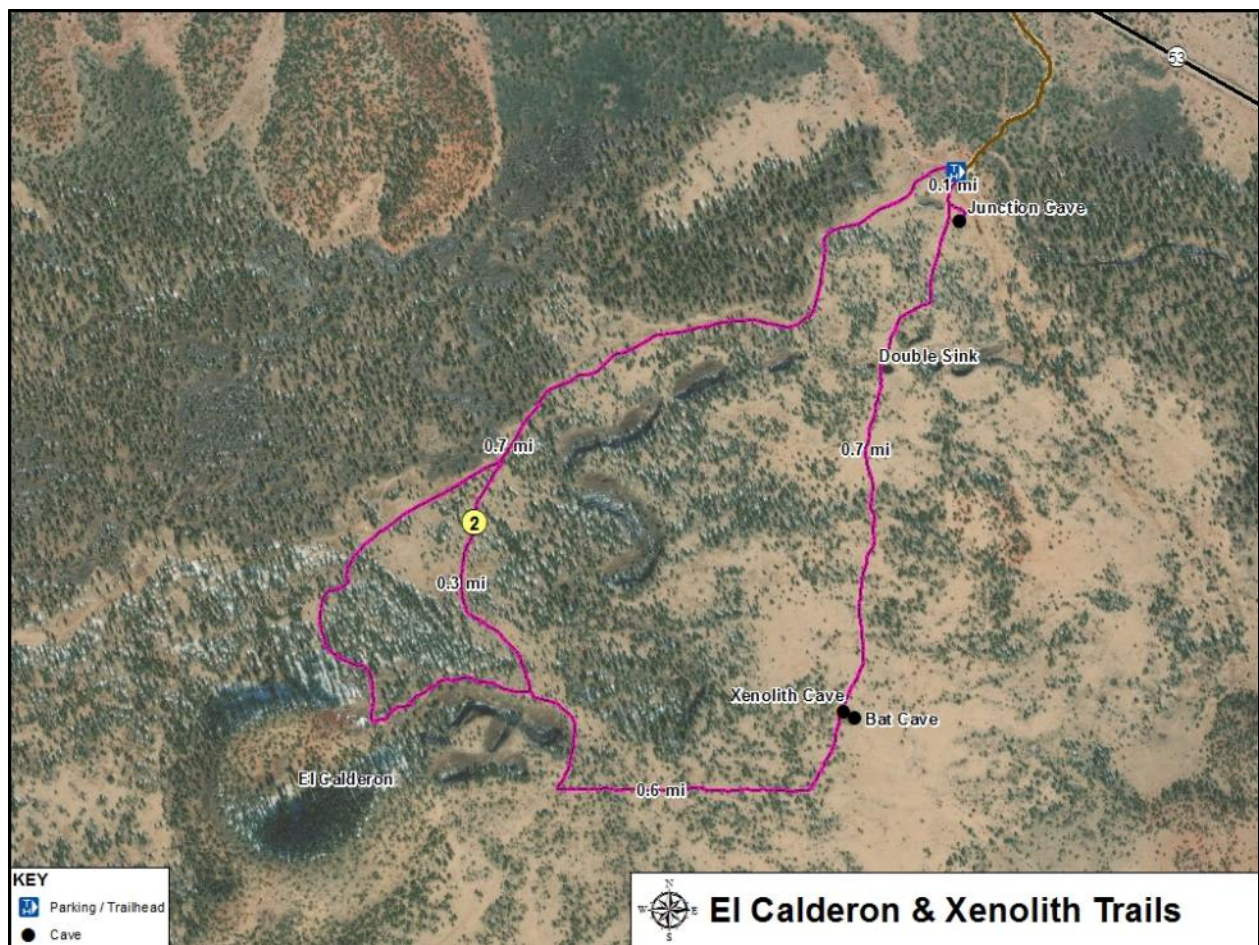
Trail Difficulty provided by [Alltrails.com](http://Alltrails.com)





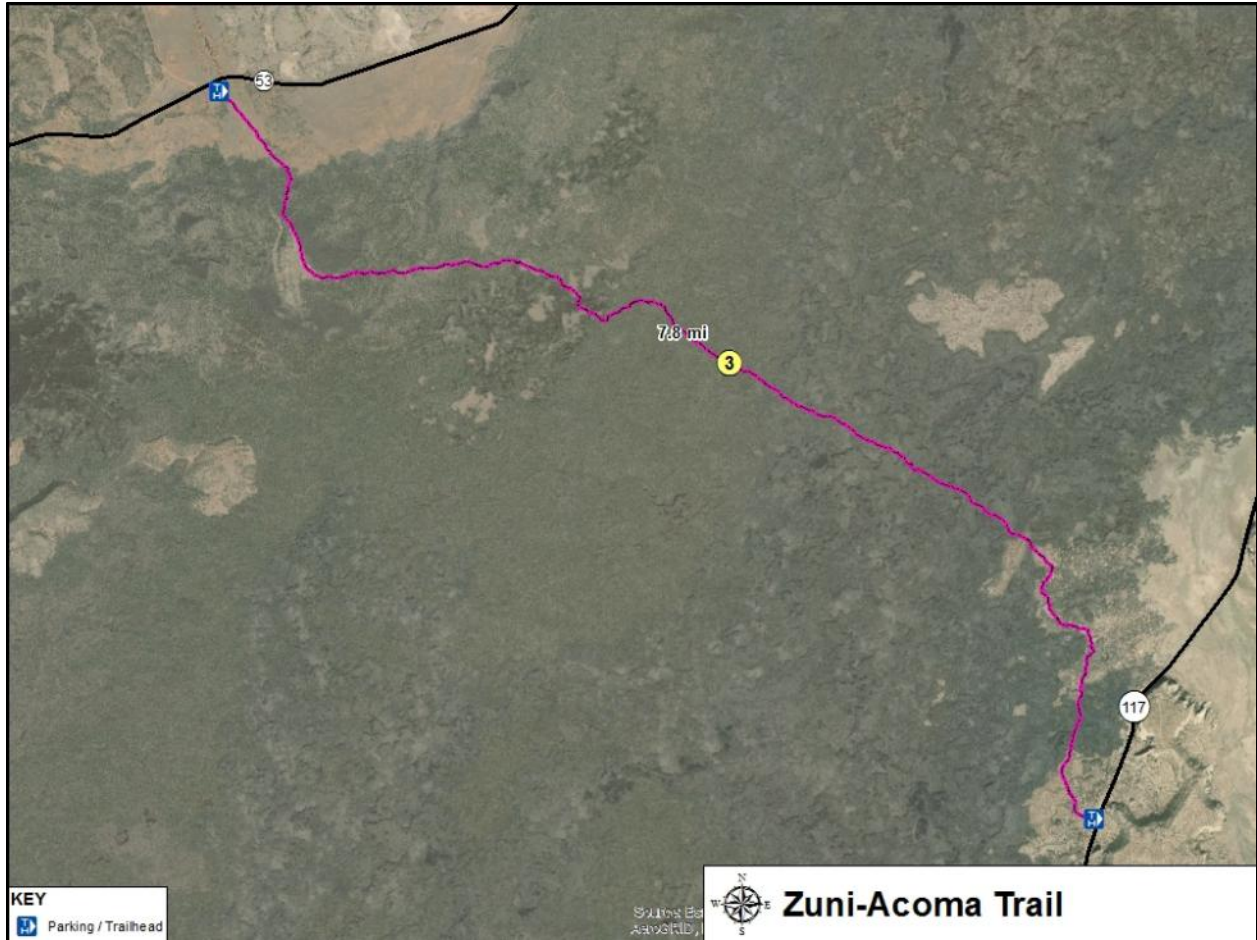
### 1. Big Tubes

A moderate hike through level but rough lava terrain. The trail goes through mixed ponderosa pine, pinon, and juniper and loops around two collapsed lava tubes. There is access to get down to the tubes if one ones to venture parts of the caves. To explore the caves one must obtain a caving permit, available for free at the El Malpais Information Center.



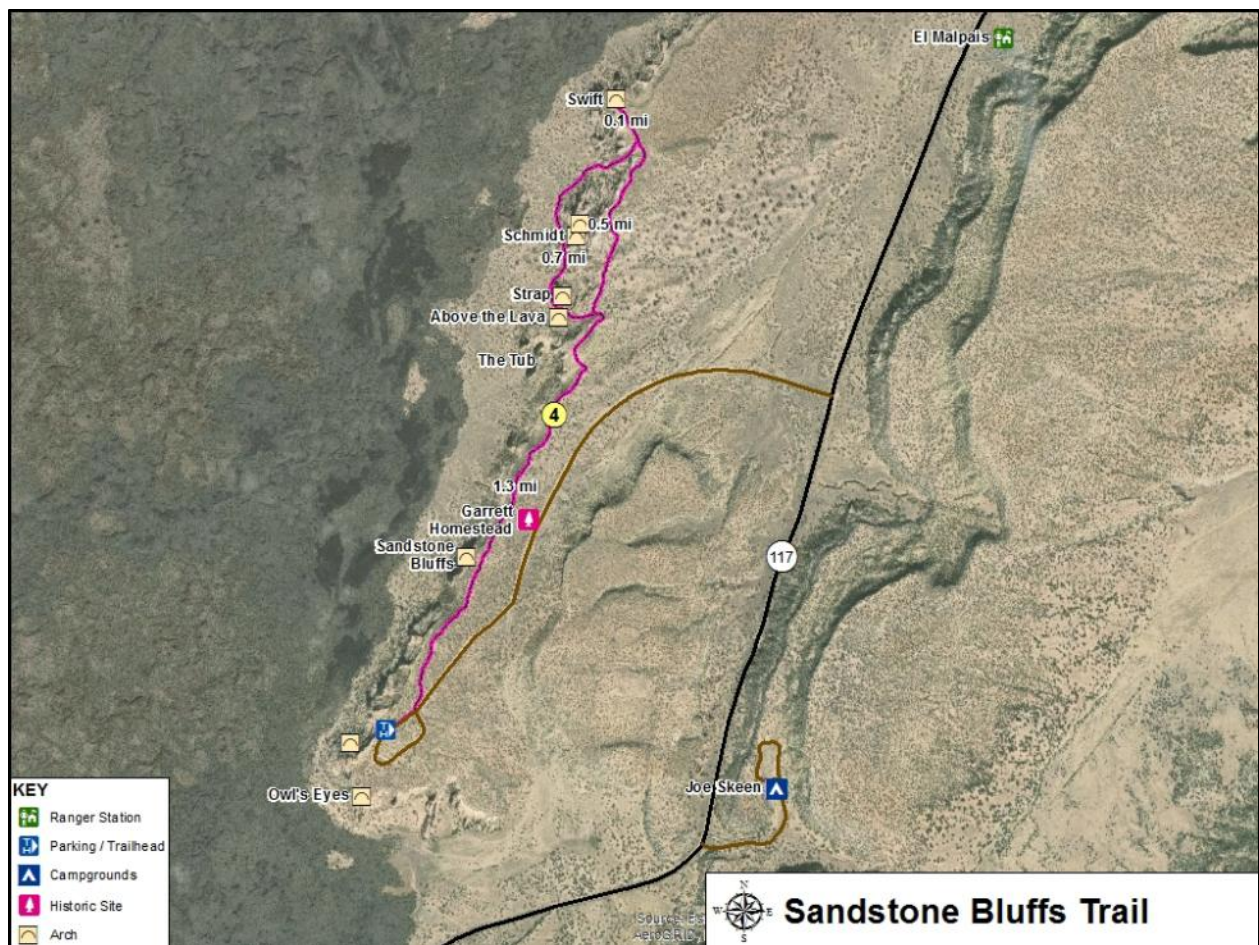
2. El Calderon Loop Trail

This loop trail also includes the Junction and Xenolith trails to complete the loop. One will visit Junction Cave, Double Sinks sink holes, Bat Cave, and El Calderon Cinder Cone. The northern portion of the loop is also used by four wheel vehicle and mountain bikes.



3. Zuni – Acoma Trail

This ancient trail has been used by the Zuni and Acoma peoples for centuries. A number of the trail marking rock cairns were built by Ancestral Puebloans.



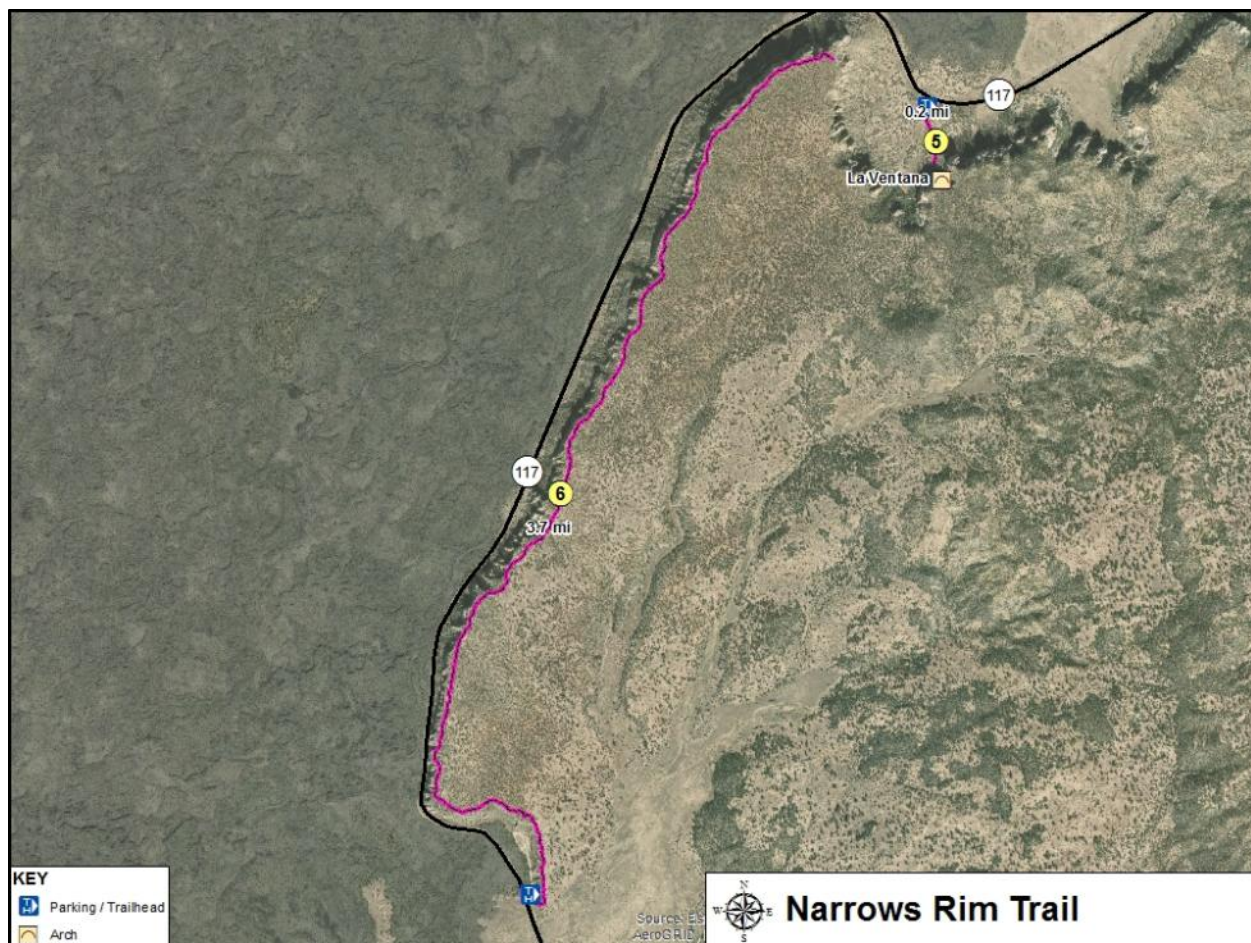
#### 4. Sandstone Bluffs

The Sandstone Bluffs trail offers a far different experience of the El Malpais. From this trail one has an overview of the lava fields to the west. Along this trail a number of natural arches that can be found if you look hard enough.



5. La Ventana Trail

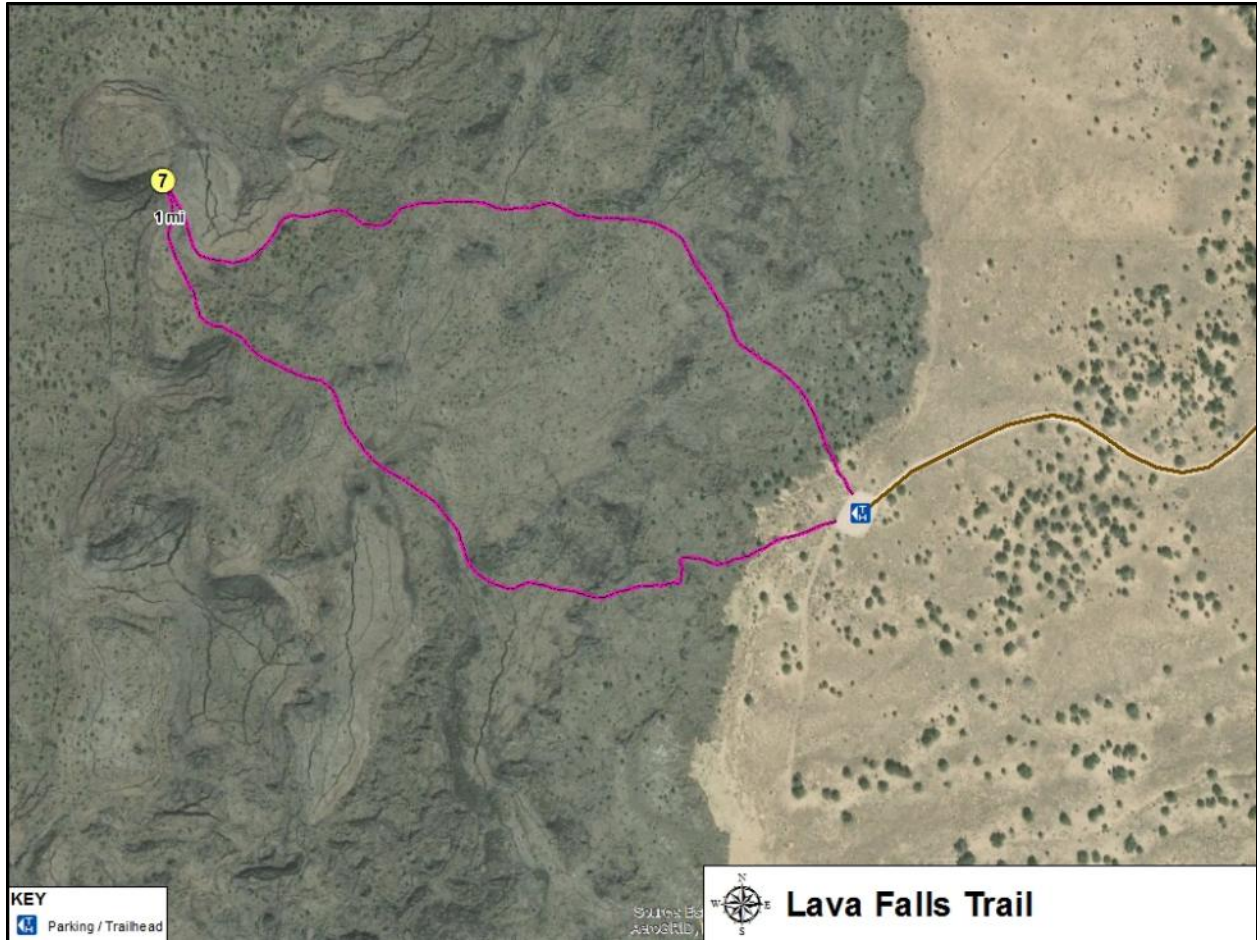
This easy hike trail takes one specifically to the La Ventana Arch located just east of Hwy 117.



6. Narrows Rim Trail

Similar to the Sandstone Bluffs trail, the Narrows Rin Trail provides one with an overview of the El Malpais Lava flow field to the west.





7. Lava Falls Trail  
This short loop trail provides an experience of hiking across the lava flow field without getting to exhausted.